

## Week of November 12, 2018

3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	<u>Pho</u> (Beef noodle soup)	Vegetable Borscht	Minestrone	Red Bean Chili	Butternut Squash
Lunch	Vietnamese Lemongrass Chicken Coconut Rice Vegetables	Seafood Salad Sandwiches Tater Barrels Cucumber Salad  (Halal)	Fettuccini Alfredo Sauce with Chicken Strips Red Sauce Garlic Bread	Taco Bar Refried Beans Spanish Rice Salsa, Sour Cream, Cheddar Cheese, Taco Shells	Curry Chicken Pitas Assorted Chips Vegetable Salad
Vegetarian	Vietnamese Lemongrass Green Beans & Tofu	Israeli Couscous Salad	Mushroom, broccoli, spinach, pepper, and red onion, tomato sauce	Veggie Tacos	Veggie Curry Chicken Pitas
Dinner	Pork Medallions in Mushroom Marsala Sauce Orzo & Rice Pilaf Steamed kale	Roast Chicken with Dijon maple Sauce Mashed Potatoes Fresh Vegetables	Beef Stew Baking Powder Biscuits	Coconut Crusted Chicken with Mango Salsa Wild Rice Fresh Vegetables	Panko Crusted Talipa with Harissa Aioli Basmati Rice Sautéed Kale
Vegetarian	Vegetable Polenta Casserole	Vegetarian Enchiladas	Mushroom Barley Stew	3 Bean Chili	Tempeh & Spinach Salad
Sandwich	Humus & Grilled Chicken Wrap	Humus & Grilled Chicken Wrap	Fish Tacos	Fish Tacos	Avocado, Bacon and Shrimp Wrap
Burger	Barbeque Cheddar	Bourbon Street Burger	Bourbon Street Burger	Horseradish Burger	Horseradish Burger